The future of general practice

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UK general practice is one of the world’s most comprehensive embodiments of the founding principles of primary care…

**Holistic perspective** understanding the whole patient not just a disease

**Accessible, personal** care built on a relationship from cradle to grave

**Comprehensive care** able to handle high degree of uncertainty

**Community based** responsible for prevention and care of a registered population

First port of call and central point of care for all, for life

Personal and population-orientated primary care is central … if general practice fails, the whole NHS fails. Simon Stevens, General Practice Forward View

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FUTURE CARE

Staying healthy
- apple
- football
- walking

Care & support
- heart

Self Care
- heart

Self management / social prescribing
- person

Collaboration with specialists
- collaboration

Broader skillmix
- people

Emergency care
- hospital

At scale

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What size should we be?

- Personal focus
- Clarity
- Commitment
- Agility
- Population focus
- Alignment
- Priorities
- Partnerships

Don’t accept either / or solutions

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Doing the right thing at the right scale

**STP footprint: 300k-2m**
Workforce & infrastructure planning
Large scale service reconfiguration
Major partnerships & shifts in priority

**MCP: 100-350k**
Finance, HR, governance, IT
Employment & career development
Specialist staff & services
Strategic partnerships
Population: wider determinants

**Network: 30-60k**
Place of ‘belonging’
Acute care
Shared MDT
Population: proactive & preventive care

**Core team: 3-4k**
Continuity for complex needs
Working at scale: Opportunities for practices

- Resilience
- Economies of scale
- System partnerships
- Skillmix
- Innovation and improvement
- Staff development

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So …?

- Pick something to achieve
- Do it together
- Build relationships & capabilities as you go
- Build structures & contracts to sustain new things
Releasing time for care

Whatever else you want to achieve, make it a priority to release clinical time urgently.
10 High Impact Actions to release time for care

1: ACTIVE SIGNPOSTING
2: NEW CONSULTATION TYPES
3: REDUCE DNAs

4: DEVELOP THE TEAM
5: PRODUCTIVE WORK FLOWS
6: PERSONAL PRODUCTIVITY

7: PARTNERSHIP WORKING
8: SOCIAL PRESCRIBING
9: SUPPORT SELF CARE

10: DEVELOP QI EXPERTISE

Innovations from around England that release time for GPs to do more of what only they can do.

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